

### All Saints College, Thiruvananthapuram

#### **Gender Sensitization Activities Report 2016-2017**

| Action Plan  | Action Taken   |
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| Women Empowerment                                    | • Women Empowerment for Students- Talk by Dr. Shashi Tharoor. In keeping up with the ideals of woman empowerment and emancipation, the College conducted a talk on 24.11.2016 with the esteemed politician, writer and diplomat Dr. Shashi Tharoor on the theme of woman employability and empowerment. The talk was attended to with great vigour and interest and the students and teachers interactively participated with the guest speaker. The session was followed by a question answer session in which the students posed their doubts and queries to Dr. Shashi Tharoor. |
|  | The AICUF wing of the college conducted an awareness class on the importance of woman empowerment by counsellors from the AICUF on 11.10.2016.   |
| Health and Wellness                                  | <ul> <li>The college devotes special attention to the overall health<br/>and well being of the students. An awareness talk on breast<br/>cancer was organised in the campus for the students,<br/>teachers and the non teaching faculty of the college on<br/>15.08.2016.</li> </ul>   |
| Guidance and<br>Counselling                          | The college believes in providing the required guidance and counselling to the students as they are on a crucial turning point in their life. The College Counselling Centre, 'Sparsham', conducted an orientation programme in which the students were instructed on the importance of guidance and counselling on July 2016.   |
|  | <ul> <li>The College has received payment vouchers from OSA and<br/>Sunitha R. for the various ventures of the Counselling<br/>centre.</li> </ul>  |
| Safety and Security<br>Measures within the<br>campus | <ul> <li>The College Hostel maintains a Register of Holidays in<br/>which the students maintain the dates of their going home<br/>for holidays.</li> </ul>   |



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# All Saints College, Thiruvananthapuram Gender Sensitization Activities Report 2017-18

| Action Plan  | Action Taken  |
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| Self Defence   | • The Women's Study Cell conducted a One Day National<br>Seminar on Gender Issues in Higher Education on<br>17.01.2018. I.G.B Sandhya IPS spoke about Woman<br>Empowerment in today's world. A speech on various issues<br>plaguing women related to Higher Education was delivered<br>by Adv. Indira Raveendran. The students were given<br>awareness on the need to learn self defence. Principal Dr.<br>Caroline Beena Mendez presided over the session.   |
| Health and Wellness                                  | <ul> <li>The college recognises as one of its priorities the need for<br/>proper awareness regarding the student's health and well<br/>being. An Oral Cancer Awareness Program and Prevention<br/>Through Early Detection and Intervention for Students and<br/>Faculty was organised in collaboration with PMS College<br/>of Dental Science and Research on 18.10.2017.</li> </ul>  |
| Woman Empowerment                                    | <ul> <li>REACH- an initiative of the Kerala State Women's Development Corporation Ltd. Conducted an awareness programme on Woman Empowerment on 20.03.2018.</li> <li>A lecture on "Legal Awareness among Women was conducted on 24.03.2018. Dr. Bismi Gopalakrishnan, Dean, Professor and Head of the School of Indian Legal Thought, Mahatma Gandhi University addressed the students on the importance of Women's Rights.</li> <li>Ms. Deepa Rafeeque, the co-founder of V Legal, a legal consultancy that provides solutions and imparts training for</li> </ul> |
|  | corporate on legal matters spoke on Prevention of Sexual Harassment at Workplace of Women on 8.02.2018. The entire campus attended the talk.  |
| Safety and Security<br>Measures within the<br>campus | <ul> <li>The Visitor's Register-Hostel and Gate is maintained by the<br/>watchmen and Hostel Warden. The students may leave the<br/>campus only at designated times or only if they have<br/>obtained the Permission letters attested by the Vice<br/>Principal or Head of the Department.</li> </ul>   |
| Guidance and<br>Counselling                          | The College Counselling Centre, Sparsham conducts<br>counselling sessions on a one to one basis. A special room   |

has been allocated for the purpose.

- The College Counselling Centre has received payment vouchers from Sr. Sunitha and Sunitha R. towards the counselling ventures of the centre.
- The Counselling Centre Counsellor Sr. Sunitha R has received certifications from reputed and certified institutions.



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# All Saints College, Thiruvananthapuram Gender Sensitization Activities Report 2018-19

| Action Plan                 | Action Taken  |
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| Health and Wellness         | <ul> <li>The college devotes special attention to the overall health<br/>and well being of the students. 'Sneha Thalam', a Breast<br/>Cancer Awareness Programme was conducted in October<br/>2018 which was attended by the esteemed Malayalam<br/>singer M.Jayachandran and Malayalam movie actress<br/>Mamta Mohandas</li> </ul>   |
| Self Defence                | • The college conducts self defence programmes on a regular basis for the students. A self defence training session for the students was conducted by Snehajwala and Swasthi Foundation in association with the NSS Unit of the college on 29.01.2019. The students were active participants and benefitted from the talk as well as the practice sessions.   |
| Woman Empowerment           | <ul> <li>The Department of Malayalam and the Mashithandu Club<br/>conducted a two day National Seminar on Empowered<br/>Women Writing in Malayalam from 7.02.2019- 9.02.2019.<br/>The famous writer Chandramathi inaugurated the seminar.<br/>Writers such as Dr. Sujatha Rammohan, K Rekha and Dr.<br/>Roshni K Lal took classes on various sessions. The famous<br/>writer Anita Thampi inaugurated the finale of the session.</li> </ul> |
| Safety and Security         | <ul> <li>The Visitor's Register-Hostel and Gate is maintained by the<br/>watchmen and Hostel Warden. The students may leave the<br/>campus only at designated times or only if they have<br/>obtained the Permission letters attested by the Vice<br/>Principal or Head of the Department.</li> </ul>   |
| Guidance and<br>Counselling | <ul> <li>The College Counselling Centre, Sparsham Counsellor Ms.<br/>Lekshmi Mohan has received certifications from reputed<br/>and certified institutions.</li> </ul>  |
|                             | <ul> <li>The College Counselling Centre, Sparsham has received<br/>payment vouchers from the Principal for the ventures<br/>towards student counselling.</li> </ul>   |
|                             | <ul> <li>The Counselling centre conducts e-counselling sessions on<br/>a one to one basis. The students are assured of complete<br/>confidentiality. A special room has been allocated for this<br/>purpose.</li> </ul>   |



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# All Saints College, Thiruvananthapuram Gender Sensitization Activities Report 2019-20

| Action Plan                                      | Action Taken   |
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| Woman Empowerment<br>and Gender<br>Sensitisation | <ul> <li>The college always ensures that the students are well aware of their capabilities. On 3.10.2019, Dr. Sonya J. Nair, Assistant Professor, Department of English gave a talk to the students about gender sensitisation, need for women empowerment and on how to be more inclusive. The talk was attended by the whole campus.</li> </ul>  |
| Gender Equity                                    | <ul> <li>The college has always strove to create a proper awareness<br/>regarding gender amongst its students. The inauguration of<br/>the Gender Equality Club by renowned transgender<br/>activists A. Revathi and Renju Renjimar on 10.10.2019 was<br/>a landmark event in the college. The activists spoke about<br/>the need for greater sensitisation of students and society so<br/>as to ensure humane working and living conditions for all.</li> </ul>   |
|  | <ul> <li>As part of the inauguration of the Gender Equality Club, the<br/>Dhwayah Transgender Arts and Cultural Society performed<br/>a play Parayaan Maranna Kathakal that showcased their<br/>stories and raised awareness about human rights. It was<br/>attended by the entire college.</li> </ul>   |
|  | • The Department of English and the Gender Equality Cell of<br>the College organised a two day international Colloquium<br>on Sexualities: Pasts, Presents and Futures in association<br>with the Centre for Women's Studies, University of Kerala<br>on 27-28 February 2020. It lasted for two days and had had<br>delegates from India and abroad who participated and<br>deliberated on the way forward towards sexual equity in<br>India. Lawmakers, film makers, activists, academicians and<br>students took part in the discussion. |
|  | • The Department of History conducted a one day National Seminar on the topic, "Problems and Prospects of the Transgender Community". The talk was attended by the prominent transgender activist Surya Ishan, Dr. Bismi Gopalakrishnan, Dr. Vasumathy Devi and Dr. James E. Daniel on 29.01.2020.   |
| Self Defense                                     | <ul> <li>The college considers of paramount importance that the<br/>students should always be given proper guidance on self</li> </ul>   |

|                             | defense. On 6.03.2020, the college in association with Radio Mirchi conducted training sessions on self defence for the students. This vital initiative was addressed by Ms. Harshita Attaluri, IPS, IG of Police, South Zone and the training session was conducted by Ms. Susmi, Circle Inspector, Rural Woman's Cell, Thiruvananthapuram. Ms. Malavika Suresh, Radio Jockey, Radio Mirchi was also in attendance. |
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| Safety and Security         | <ul> <li>In light of maintaining the security and safety of the<br/>college, CCTV cameras have been placed at all strategic<br/>points near all major entry and exit areas in Block A, B and<br/>C.</li> </ul>   |
|                             | <ul> <li>The Visitor's Register-Hostel and Gate is maintained by the<br/>watchmen and Hostel Warden. The students may leave the<br/>campus only at designated times or only if they have<br/>obtained the Permission letters attested by the Vice<br/>Principal or Head of the Department.</li> </ul>  |
| Guidance and<br>Counselling | <ul> <li>The College Counselling Centre, Sparsham has received<br/>payment vouchers from the Principal for the ventures<br/>towards student counselling.</li> </ul>  |



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## All Saints College, Thiruvananthapuram

### Gender Sensitization Activities Report 2020-21

| Action Plan         | Action Taken   |
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| Health and Wellness | <ul> <li>The college recognises as one of its priorities the need for<br/>proper awareness regarding the student's health and well<br/>being. Keeping with the guidelines of the Covid Protocol, a<br/>Virtual Cancer Awareness Programme and Prevention<br/>through Early Detection and Intervention for Students and<br/>Faculty was organised in collaboration with MGNCRE and<br/>Sanjeevani on 16.6.2021.</li> </ul>                                      |
|                     | <ul> <li>The Entrepreneurship Development Club organised an<br/>International Webinar on 'Nutrition for Covid and Post<br/>Covid Care' on 8.05.2021. The resource person for the<br/>session was Mrs. Reshmi Kebin, Dietician, VLCC Qatar.<br/>The students and faculty were enthusiastic participants in<br/>the online session. It was followed by an interactive<br/>question and answer session in which the students raised<br/>their queries.</li> </ul> |
|                     | <ul> <li>An awareness programme for the faculty members on<br/>'Pandemic and the Aftermath: Challenges Ahead was<br/>conducted on 3.11.2021. The faculty were made aware of<br/>the need for caution and precautions to be adopted in the<br/>classrooms and during examination halls. Medical officers<br/>and health workers gave the talk which proved to be an<br/>informative session for all.</li> </ul>   |
| Woman Empowerment   | • The concept of women empowerment has always been one of the most regular sessions which are conducted for the benefit of the students. The Young Communicators Club conducted an online session on 'Interviews to Inclusion: The Corporate Way' on 25.09.2021 via Google Meet. The speaker for the session was Amritha Ananthakrishnan, Development Centre Manager, L&D, Education Training and Assessment, Infosys.   |
| Gender Equity       | <ul> <li>The students are often given sessions on gender equity. The<br/>students were given a seminar on Gender Sensitisation by<br/>Dr. Sonya J. Nair, Head of the Department of English on<br/>29.10.2021. COVID protocol was strictly maintained and<br/>the session was attended by vaccinated staff and students.</li> </ul>   |

Safety and Security Measures within the campus  The Visitor's Register-Hostel and Gate is maintained by the watchmen and Hostel Warden. The routine maintenance of Visitors' Register continues along with the checking of visitors' temperature and enquiry regarding COVID Vaccination details.



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